



Women in Recovery Retreat

www.womensrecoverynetwork.com

February 7-8 2009



Location:

Billie Swamp Safari

Take Alligator Alley (I-75) from either Ft. Lauderdale or Naples to exit 49 (Mobile Service Plaza) then go north 19 miles to the park entrance.

Speaker Meetings
Recovery Countdown
Drumming
Daily Reflections /
Meditation
Release that
resentment activity
Recovery Hunt with
PRIZES
Indian Feather Circle of
Hope

For More Information Contact
ICU International Coaching
Unlimited

Email: ICUCoaching@aol.com
Laura Kelly 561-557-3083
Fax: 561-735-0985
Dr. Silvernail 561-276-9110
Or 561-396-0362

▶ **Arrive Saturday at 830am Retreat ends at noon Sunday, however you may stay later to enjoy the other attractions. Noon to-6pm (on your own Air Boat rides, museum, buggy tours)**

Cost: \$100.00

includes Saturday Continental Breakfast, Lunch and Dinner and Sunday Continental breakfast

Comfortable Chickee Dorms, with Linen and pillows provided



Retreat Registration

Name:

Address

Telephone

Fax

Email

You may pay via WWW.Paypal.com

The account is (DocSilvernail@aol.com)

Or

Make Check Payable to:

Darlene Silvernail
PO Box 18745
West Palm Beach, FL 33426